



**Craft your ideal
eye care experience**

Discover what your vision plan covers and
how to get the best value for your needs

**United
Healthcare®**

Choose your eyewear — see what's covered

Eye exam

Your plan uses the UnitedHealthcare Vision Network and includes a fully covered exam, subject to a copayment. You'll get the most value from your coverage when you see any provider in this large, national network of optometrists and ophthalmologists, including both local doctors and well-known retail providers. Find a provider at myuhcvision.com.

Frame allowance*

When you use a network provider, you can spend a frame allowance to help buy any frame your eye doctor offers. You get a discount on any cost over the allowance amount.

Lens options*

Popular lens options like UV protection or anti-reflective coating are available to you at price-protected amounts. Plus, standard scratch coating and polycarbonate lenses for dependent children are available at no cost.

Additional pairs of glasses*

Receive a 20% discount on additional pairs of eyeglasses, including prescription sunglasses.

Contact lens benefit*

You may have coverage for a fitting and follow-up visits depending on your plan design and lens choice. Sign in to myuhcvision.com to learn more about your specific benefit.

Learn more

Get 24/7 access to details about your vision plan — including savings and discounts — and monthly vision health and wellness content by following these steps.

- Sign in to myuhc.com
- Go to **Coverage & Benefits**
- Scroll down to **Vision**
- Select **View vision plan**

Call toll-free:

1-800-638-3120, TTY 711

If you don't have computer access, need language assistance or can't find answers, call us Monday–Friday, 7 a.m.–10 p.m. CT, or Saturday, 8 a.m.–5:30 p.m. CT.



Take steps to protect your eyes and your overall health

1 Find an eye doctor in the network

When it comes to shopping for eye care, you've got plenty of choices. The UnitedHealthcare Vision Network has over 175,000 access points for care nationally, from local doctors around the corner to well-known retail chains or specialty online retailers.*

Sign in to myuhcvision.com to search by provider name, specialty or location.

2 Schedule your eye exam

Regular visits to an eye doctor can help keep your eyes healthy and improve your overall health.

Get a complete eye exam

A dilated exam lets your doctor look inside your eye and check your eye health. The exam can also show early signs of conditions like diabetes or high blood pressure, even before other parts of your body are affected.

At your appointment, be sure to:

- Tell your doctor you have a UnitedHealthcare Vision plan
- Give your name and date of birth

You don't need your ID card to use your benefits. If you want an ID card, you can print it from your computer or save it to your mobile device at myuhcvision.com.

3 Discover more ways to save at myuhcvision.com

Everyday eyewear

Get 10% off contact lenses and free shipping on orders of \$99 or more. Shop for a wide variety of eyeglasses and sunglasses, try on new frame styles using the virtual mirror, find popular lenses and coatings – some available at no additional cost – and access 24/7 customer support. Visit uhcglasses.com to get started.

Laser vision correction

Save up to 35% off the national average price of laser vision correction at more than 800 QualSight® LASIK locations nationwide.**

Blue-light screen protectors

Save up to 30% off blue-light screen protectors for select smartphones, tablets and laptops.

BenefitHub access

Find over 200 discounts and rewards for nutrition, memberships, electronics, restaurants, travel and more.

Hearing aids

Get preferred pricing on custom-programmed hearing aids, starting at \$699 each, through UnitedHealthcare Hearing.

Network retail locations include:

1 800 contacts®

EXPRESS
exam

AMERICA'S BEST | CONTACTS
EYEGLASSES.

COSTCO
OPTICAL

EYEGLASS WORLD®

For Eyes
by GrandVision

GlassesUSA
.com

LENSCRAFTERS®
♥ 👁

myeyedr.
CO.

Target OPTICAL®

sam's club

United
Healthcare | uhcglasses.com

Visionworks®

Walmart ✨

WARBY PARKER

*Not all providers participate in all plans. Check with your provider before using your benefits. Network snapshot report (internal report), December 2024.

**Network location count as of October 2023.

***For virtual prescription renewal only. ExpressExam may not be available for all vision plans and is not in all states.

We do not treat members differently because of sex, age, race, color, disability or national origin.

If you think you weren't treated fairly because of your sex, age, race, color, disability or national origin, you can send a complaint to the Civil Rights Coordinator:

Mail: UnitedHealthcare Civil Rights Grievance
P.O. Box 30608, Salt Lake City, UT 84130

Online: UHC_Civil_Rights@uhc.com

You must send the complaint within 60 days of when you found out about it. A decision will be sent to you within 30 days. If you disagree with the decision, you have 15 days to ask us to look at it again. If you need help with your complaint, please call the toll-free member phone number listed on your ID card.

You can also file a complaint with the U.S. Dept. of Health and Human Services:

Online: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>. Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

Phone: Toll-free 1-800-368-1019, 1-800-537-7697 (TDD)

Mail: U.S. Dept. of Health and Human Services,
200 Independence Avenue, SW Room 509F, HHH Building
Washington, D.C. 20201

We provide free services to help you communicate with us such as letters in other languages or large print. You can also ask for an interpreter. To ask for help, please call the toll-free member phone number listed on your health plan ID card.

ATTENTION: If you speak **English**, language assistance services, free of charge, are available to you. Please call the toll-free phone number listed on your identification card

ATENCIÓN: Si habla **español (Spanish)**, hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al número de teléfono gratuito que aparece en su tarjeta de identificación.

請注意：如果您說**中文 (Chinese)**，我們免費為您提供語言協助服務。請撥打會員卡所列的免付費會員電話號碼。

XIN LƯU Ý: Nếu quý vị nói tiếng **Việt (Vietnamese)**, quý vị sẽ được cung cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Vui lòng gọi số điện thoại miễn phí ở mặt sau thẻ hội viên của quý vị.

알림: 한국어(**Korean**)를 사용하시는 경우 언어 지원 서비스를 무료로 이용하실 수 있습니다. 귀하의 신분증 카드에 기재된 무료 회원 전화번호로 문의하십시오.

PAALALA: Kung nagsasalita ka ng **Tagalog (Tagalog)**, may makukuha kang mga libreng serbisyo ng tulong sa wika. Pakitawagan ang toll-free na numero ng telepono na nasa iyong identification card.

ВНИМАНИЕ: бесплатные услуги перевода доступны для людей, чей родной язык является **русском (Russian)**. Позвоните по бесплатному номеру телефона, указанному на вашей идентификационной карте.

توضیحات: خدمات ترجمه رایگان برای افرادی که زبان مادری آنان **عربی (Arabic)** است، در دسترس است. لطفاً به شماره تلفن رایگان که در کارت شناسایی شما درج شده است، تماس بگیرید.

ATANSYON: Si w pale **Kreyòl ayisyen (Haitian Creole)**, ou kapab benefisye sèvis ki gratis pou ede w nan lang pa w. Tanpri rele nimewo gratis ki sou kat idantifikasyon w.

ATTENTION : Si vous parlez **français (French)**, des services d'aide linguistique vous sont proposés gratuitement. Veuillez appeler le numéro de téléphone gratuit figurant sur votre carte d'identification.

UWAGA: Jeżeli mówisz po **polsku (Polish)**, udostępniliśmy darmowe usługi tłumacza. Prosimy zadzwonić pod bezpłatny numer telefonu podany na karcie identyfikacyjnej.

ATENÇÃO: Se você fala **português (Portuguese)**, contate o serviço de assistência de idiomas gratuito. Ligue gratuitamente para o número encontrado no seu cartão de identificação.

ATTENZIONE: in caso la lingua parlata sia **l'italiano (Italian)**, sono disponibili servizi di assistenza linguistica gratuiti. Per favore chiamate il numero di telefono verde indicato sulla vostra tessera identificativa.

ACHTUNG: Falls Sie **Deutsch (German)** sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Bitte rufen Sie die gebührenfreie Rufnummer auf der Rückseite Ihres Mitgliedsausweises an.

注意事項：日本語 (**Japanese**) を話される場合、無料の言語支援サービスをご利用いただけます。健康保険証に記載されているフリーダイヤルにお電話ください。

رد ناگیار روط هب ینابز دادام تادامخ، تسا (Farsi) یسراف امش نابز رگا: هجوت ییاسانش تتراک یور مک یناگیار نفلت درامش اب افطل. دشاب یم امش رایتخا دیریگب سامت ددش دیق امش.

ध्यान दें: यदि आप **हिंदी (Hindi)** बोलते हैं, आपको भाषा सहायता सेवाएं, न:शुल्क उपलब्ध हैं। कृपया अपने पहचान पत्र पर सूचीबद्ध टोल-फ्री फोन नंबर पर कॉल करें।

CEEB TOOM: Yog koj hais Lus **Hmoob (Hmong)**, muaj kev pab txhais lus pub dawb rau koj. Thov hu rau tus xov tooj hu deb dawb uas teev muaj nyob rau ntawm koj daim yuaj cim qhia tus kheej.

ចំណាប់អារម្មណ៍: បើសិនអ្នកនិយាយភាសាខ្មែរ (**Khmer**) សំដៅជំនួយភាសាដោយឥតគិតថ្លៃ គឺមានសំរាប់អ្នក។ សូមទូរស័ព្ទទៅលេខឥតគិតថ្លៃ ដើម្បីស្នើសុំសេវាជំនួយភាសាបន្ថែម។

PAKDAAR: Nu saritaem ti **Ilocano (Ilocano)**, ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyan. Maidawat nga awagan iti toll-free a numero ti telepono nga nakalista ayan iti identification card mo.

DÍÍ BAA'ÁKONÍNÍZIN: Diné (Navajo) bizaad bee yánilti'go, saad bee áka'anida'awo'ígíí, t'áá jíí'eh, bee ná'ahóót'i'. T'áá shqodí ninaaltsoos nitl'izi bee nééhozinígíí bine'déé' t'áá jíí'ehgo béesh bee hane'i biká'ígíí bee hodiilnih.

OGOW: Haddii aad ku hadasho **Soomaali (Somali)**, adeegyada taageerada luqadda, oo bilaash ah, ayaad heli kartaa. Fadlan wac lambarka telefonka khadka bilaashka ee ku yaalla kaarkaaga aqoonsiga.

Learn more

Visit myuhcvision.com or call 1-800-638-3120, TTY 711.

¿Habla español? Podemos ayudar.

United Healthcare®

All trademarks are the property of their respective owners.

This policy has exclusions, limitations and terms under which the policy may be continued in force or discontinued. For costs and complete details of coverage, contact UnitedHealthcare Insurance Company.

The examples provided are for general knowledge purposes only and should not be interpreted as a preference or recommendation of any particular provider, brand or company. We encourage members to choose providers based on their individual needs and preferences.

UnitedHealthcare vision coverage provided by or through UnitedHealthcare Insurance Company, located in Hartford, Connecticut, UnitedHealthcare Insurance Company of New York, located in Islandia, New York, or their affiliates. Administrative services provided by Spectera, Inc., United HealthCare Services, Inc. or their affiliates. Plans sold in Texas use policy form number VPOL.06.TX, VPOL.13.TX or VPOL.18.TX and associated COC form number VCOC.INT.06.TX, VCOC.CER.13.TX or VCOC.18.TX. Plans sold in Virginia use policy form number VPOL.06.VA, VPOL.13.VA or VPOL.18.VA and associated COC form number VCOC.INT.06.VA, VCOC.CER.13.VA or VCOC.18.VA. This policy has exclusions, limitations and terms under which the policy may be continued in force or discontinued. For costs and complete details of the coverage, contact either your broker or the company.

UnitedHealthcare Hearing is provided through UnitedHealthcare, offered to existing members of certain products underwritten or provided by UnitedHealthcare Insurance Company or its affiliates to provide specific hearing aid discounts. This is not an insurance nor managed care product, and fees or charges for services in excess of those defined in program materials are the member's responsibility. UnitedHealthcare does not endorse nor guarantee hearing aid products/services available through the hearing program. This program may not be available in all states or for all group sizes. Components subject to change.

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With our large vision network, there's always a provider in sight

Finding a trustworthy provider who meets your lifestyle, eye care and eyewear needs is easier with UnitedHealthcare.

With the UnitedHealthcare Vision Network, you can take advantage of personalized care at a local doctor, your favorite well-known retail chain with convenient evening and weekend hours or specialty online retailers.

Well-known practices and brands in our large national network include:

- 1-800 Contacts – including ExpressExam*
- Allegany Optical
- America's Best
- Bard Optical
- befitting.com
- Berkeley Eye Center
- Clarkson Eyecare
- Cohen's Fashion Optical
- Costco Optical
- Dr. Tavel Family Eye Care
- Eye Doctor's Optical Outlets
- Eyeglass World
- EyeMart Express
- For Eyes
- General Vision Services
- GlassesUSA.com
- Henry Ford OptimEyes
- JCPenney Optical
- LensCrafters – including lenscrafters.com
- Meijer Optical
- Midwest Vision Centers
- My Eye Lab
- MyEyeDr.
- National Vision
- Nationwide Vision
- Pearle Vision
- Rosin Eyecare
- Rx Optical
- Sam's Club
- SEE Inc.
- Shawnee Optical
- Shopko
- Stanton Optical
- Sterling Optical
- SVS Vision



Making it easier for you to find a provider

To find the provider who best meets your needs, sign in to myuhcvision.com[®] or call **1-800-638-3120**.

Some providers or locations may not participate in your plan.

*For virtual prescription renewal only. ExpressExam may not be available for all vision plans and is not in all states.

continued

Well-known practices and brands in our large national network include:

- Target Optical – including targetoptical.com
- Texas State Optical
- Today's Vision
- Total Vision
- Vision Source
- Visionworks
- Vista Optical
- Walmart
- Warby Parker – including warbyparker.com
- Wisconsin Vision



See more ways to save

Keep out-of-pocket costs low by visiting uhcglasses.com, where you'll have a variety of contact lens brands and frame choices at your fingertips.

Get more info

1-800-638-3120 | myuhcvision.com



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The company does not discriminate on the basis of race, color, national origin, sex, age or disability in health programs and activities.

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter.

To ask for help, please call 1-800-638-3120, TTY 711, Monday through Friday, 7 a.m. to 10 p.m. CST.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-800-638-3120, TTY 711.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請致電：1-800-638-3120, TTY 711。

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Renew eyewear prescriptions in minutes



As a UnitedHealthcare Vision member, you can now renew your eyewear prescription virtually with ExpressExam. This is available at no additional cost and is a quick, simple way to ensure you're prioritizing your vision care.

How it works:



Take the exam

Use your phone or computer to take an online vision exam. It only takes about 10 minutes.



Doctor review

A certified ophthalmologist in your state reviews your exam results.



Get your prescription

If approved, your renewed prescription will be ready to use within a few hours.

Get started

Visit ExpressExam.com/uhc on a desktop computer or scan the QR code with your phone to start your exam.



United
Healthcare

1800 contacts®

EXPRESS
exam

Some restrictions may apply. Please verify ExpressExam is participating in your plan.

ExpressExam may not be available in all states. ExpressExam is currently not available in DE, DC, HI, ID, KS, LA, MI, NJ, NM, PR, SC, SD and WV, but this list is subject to change.

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Use your vision benefits at Warby Parker



You could save on prescription glasses, sunglasses, contacts and eye exams in stores or online.

Finding your perfect pair is easy

Try on 5 frames through Warby Parker's Home Try-On program or see styles instantly on your face with the Virtual Try-On tool in the Warby Parker app.* Every pair of glasses comes with anti-reflective and scratch- and smudge-resistant lenses. Prescription sunglasses are scratch-resistant and polarized to reduce glare.

Here are your options**	Without vision insurance	With a UnitedHealthcare Vision plan***
Single-vision eyeglasses	\$95	You only pay your copay Usually \$25 or less
Single-vision prescription sunglasses with high-index lenses	\$295	
Progressive eyeglasses	\$295 [†]	
Comprehensive eye exam (at participating stores)	\$97	
Single-vision prescription sunglasses	\$195	You only pay your copay, plus a small fee Usually \$45 or less total
Progressive prescription sunglasses	\$395 [†]	

Wear contact lenses? Your plan may apply toward them, too. Shop Scout, Warby Parker's own brand of daily contacts, plus other daily, biweekly and monthly lenses.



Learn more
Visit warbyparker.com/united

United
Healthcare®

WARBY PARKER

*iPhone® X or higher.

**All options listed are examples only and are limited to one eyewear purchase per plan year.

***This is the amount owed by most UnitedHealthcare members whose plans are eligible to be used at Warby Parker.

[†]Price reflects the standard (base) progressive offering at Warby Parker.

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Benefits designed to help protect eye health at every life stage



Eye or vision changes may be more frequent for those who are pregnant or breastfeeding – and for growing kids, too. So it's good to know your UnitedHealthcare vision plan includes expanded benefits designed to support optimal eye health when it may be needed most.

These expanded vision benefits for those who are pregnant or breastfeeding – as well as covered children up to age 19 – are included at no additional premium cost:

- **Coverage for a second eye exam**
If you notice changes to your vision during the plan year, you can get your eyes checked a second time without paying an additional premium. Standard copays apply.
- **Coverage for 1 new pair of glasses (frames and lenses)**
If your prescription changes 0.5 diopter* or more in a plan year, you can get new glasses without paying an additional premium. Standard copays apply.

Find a nearby provider

See doctors at over 175,000 locations¹ across the country. Visit myuhcvision.com to find an eye doctor near you.

Noticing vision changes?

Schedule an eye exam for yourself or your child

Did you know?

14% of those who are pregnant experience a change in their vision²

The importance of vision care for kids

Fewer than

15% of preschool children get an eye exam³

Up to

75% of school vision screenings miss vision problems³

**United
Healthcare®**

*Refractive changes less than 0.50 diopter are considered normal variations and do not require a change in lenses.

¹ Network snapshot report (internal report), December 2024.

² Baby Center. Vision changes during pregnancy. [babycenter.com/pregnancy/your-body/vision-changes-during-pregnancy_1456567](https://www.babycenter.com/pregnancy/your-body/vision-changes-during-pregnancy_1456567) Accessed September 2024.

³ American Optometric Association. School-aged vision: 6 to 18 years of age. [aoa.org/healthy-eyes/eye-health-for-life/school-aged-vision?ss=y](https://www.aoa.org/healthy-eyes/eye-health-for-life/school-aged-vision?ss=y). Accessed September 2024.

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